

All workshops are held at the **Technology Center, Suite 8226** unless otherwise stated.  
Refreshments will be served • Funded by Student Activities Fees

## New Student Worker Orientation

All students working on campus for the first time are required to attend one of the New Student Worker Orientations. During this orientation we will review RCC's student worker policies and procedures. Students will also learn about the payment options available to them.

Thursday, February 7 • 12:45 – 1:30 pm

Thursday, February 28 • 12:45 – 1:30 pm

Tuesday, March 12 • 12:45 – 1:30 pm

## Resume Writing

This workshop will help students learn how to choose resume formats suited to their experience and goals, focus on employment objectives, and overcome limitations in their work history or education. Strategies for composing successful cover letters will also be explored.

Tuesday, January 29 • 12:30 – 1:30 pm

Thursday, February 28 • 5:30 – 6:30 pm

Thursday, March 28 • 12:30 – 1:30 pm

Tuesday, April 30 • 12:30 – 1:30 pm

## How to Choose a Career

This workshop is designed to assist students with making choices that are compatible with their skills, interests, values, and personality types. Students will be provided career assessment tools, participate in career exploration activities, and develop future career plans.

Tuesday, February 5 • 12:30 – 1:30 pm

## Mock Interviews

This workshop will help students practice and perfect their interviewing skills on video in a friendly, supportive atmosphere. Students will see themselves in action and receive valuable feedback and coaching.

Wednesday, March 27 • 12:00 – 1:30 pm

*Individual Mock Interviews: call 845-574-4216 to schedule an appt.*

## Negotiating a Salary

The negotiation process requires gathering information about yourself, your target industry, and the company you are interested in. Learn the tools you will need to help you navigate this process effectively.

Tuesday, March 5 • 12:30 – 1:30 pm

## Interview Techniques

An interview is a stressful experience for most people. This workshop will help students successfully navigate a job interview, including highlighting the most commonly asked interview questions, providing preparation tips, and addressing appropriate interview attire.

## LinkedIn

This workshop will look at more advanced features of LinkedIn. Students will learn how to build professional relationships and search for employment.

Wednesday, May 1 • 12:00 – 1:00 pm

## Welcome Week Events (3214)

Tuesday, January 22 • 11:00 – 2:00 pm

**Sit 'n Chat with Student Career Services**

Wednesday, January 23 • 11:00 – 2:00 pm

**Hot Chocolate Social**

## Job Fair Prep & Resume Review

This workshop will provide valuable tips on how to maximize your chances for success at the job fair. Learn what to wear, how to approach employers and prepare for on-the-spot interviews.

Thursday, April 4 • 12:30 – 1:30 pm

# JOB FAIR

Thursday, April 11 • 11:00 – 2:00 pm

Eugene Levy Fieldhouse

## From Combat to Careers

**Career workshops for student veterans**

Offering employment services to connect veterans to promising employment, RCC's career specialists and counselors are here to assist our veterans.

Tuesday, February 26 • 12:30 – 1:30 pm

**Exploring Career Transitions**

Tuesday, April 23 • 12:30 – 1:30 pm

**Resume Strategies for Veterans**

## Pathways to Career Success

**Career workshops for students with disabilities**

The Pathways to Career Success program offers pre-employment services for students with disabilities in a workshop series. Resources for students with disabilities are provided in the workshops.

Thursday, February 7 • 12:30 – 1:30 pm

**Overcoming Career Obstacles**

Thursday, March 14 • 12:30 – 1:30 pm

**Career Vision Boards**

Thursday, April 25 • 12:30 – 1:30 pm

**Time Management in the Workplace**

## Learn More

Student Career Services: 845-574-4216

[www.sunyrockland.edu/go/careers](http://www.sunyrockland.edu/go/careers)

Find us on:



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