

# IT'S EASY TO VOLUNTEER

- 1** Contact us.
- 2** Tell us what you like to do.
- 3** Tell us how much time you have.
- 4** We'll match you with one of our 150 non-profit organizations!



**Over 55?  
You're in!**



Retired and Senior Volunteer Program  
185 North Main Street  
Spring Valley, NY 10977

**845-356-6818**

[www.sunyrockland.edu/rsvp](http://www.sunyrockland.edu/rsvp)

## Share these "RSVP" attributes:

### Responsible:

You're there when needed and can be counted on to get the job done.

### Satisfied:

You know you are helping others—making a difference.

### Valuable:

You are contributing so much to the community and to society.

### Purposeful:

You know where you are going, with an important job to do—large or small.

IF THIS SOUNDS LIKE YOU,  
PLEASE GIVE US A CALL —  
IT'S A CALL YOU'LL NEVER REGRET.



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# RSVP

Retired and  
Senior  
Volunteer  
Program



The Most Complete  
**Volunteer**  
Resource in  
Rockland County

**Why RSVP?** Because we have the answers to everything you ever wanted to know about volunteering, but did not know who to ask.

# ONE ...

If you're over 55, planning the next phase of your life, and you believe the joy and fulfillment of volunteering could play a part—**RSVP** will help you.



## How Much Time do you Have?

- One hour a week?
- Ten hours a week?
- Or as much or as little as you can offer.



Responsible  
Satisfied  
Valuable  
Purposeful

## Who Volunteers?

- People from ALL walks of life.

**Come to RSVP as your 1st choice—we have it all.**

# STOP ...

## Make an Impact:

- Be an interpreter.
- Be a friendly companion.
- Help at hospitals.
- Help with mailings.
- Help at nursing homes.
- Teach reading & writing.
- Work in school programs.
- Mentor & tutor children.
- ...and much, **much** more.

## Have a Showbiz Itch?

- Be an entertainer.
- Become a clown.

## Still Not Sure?

- No special knowledge needed.
- You'll receive training.
- Call us!



**Quick and easy to register.  
Make an impact!**

# SHOPPING!

## RSVP Offers all These BENEFITS:

- Assignments that coincide with your special interests.



- Transportation to and from your volunteer station whenever possible.
- Lunch when possible.
- Supplemental insurance (auto & liability).
- A rewarding way to spend part of your time.
- Invitations to free seminars.
- Reimbursement for travel.
- The most effective placement at over 150 sites!

## Who Are We?

We are the **Retired and Senior Volunteer Program of Rockland County** sponsored by Rockland Community College. Our staff is ready to answer your questions.

**Call 845-356-6818** today for an appointment. **OUR EXPERIENCED PROFESSIONALS ASSURE YOU A PERFECT MATCH!**

**Volunteer placement is our ONLY business.**