

The HELP Directory

Many local and regional resources are included in this directory.

The professional organizations listed here are available to help you with solutions to a variety of problems and concerns.



RCC | Rockland
Community
College

STATE UNIVERSITY OF NEW YORK

Student Development

ROCKLAND COMMUNITY COLLEGE

845-574-4000

www.sunyrockland.edu

Office of the President **845-574-4214**

Vice President of Student Services **845-574-4206**

Dana Stillely

Accessibility Services **845-574-4541**

Monica Jackson

Admissions **845-574-4224**

Jude Fleurismond

Advisement Center **845-574-4443**

Michael Albin

ASC (*Academic Success Centers*)/Tutoring Services **845-574-4365, 4503**

Pam Gerstheimer

845-574-4365

Connection Center **845-574-4414**

Joe Falco

Dean of Student Development **845-574-4306**

Sutonia Boykin

Financial Aid **845-574-4282**

Debra Bouabidi

Food Cupboard **845-574-4531**

Michael Ver'Schneider

International Student Services **845-574-4193**

Corry Spring

Student Career Services **845-574-4439**

Irene Deutsch

SOAR **845-574-4370**

Yaritza Santana

Public Safety **845-574-4217, 4238**

Bill Murphy

Records & Registration **845-574-4328**

Robin Conklin

Student Involvement **845-574-4373**

Tammy Richardson

Volunteer Services **845-574-4302**

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Sponsored by:

Rockland Community College Student Development

HELP RESOURCE DIRECTORY information subject to change

Facts & Figures

www.sunyrockland.edu



PEOPLE

Enrollment of about 6,500 full and part-time students includes:

- 100 international students representing 20 foreign countries
- 2,000 students over 25 years old
- Student faculty ratio is 22:1

HIGHLIGHTS

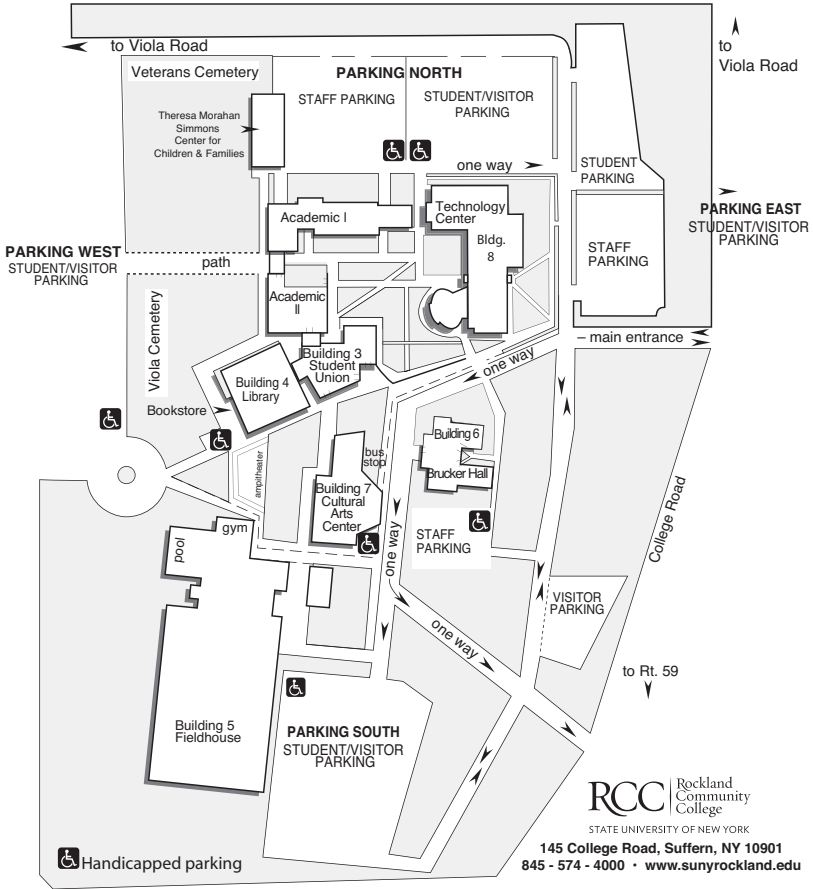
- 47 All-American athletes
- Most of RCC's graduates transfer to four-year colleges and universities
- Graduates of the nationally acclaimed Sam Draper Honors program have a very high rate of transferring to Ivy League and Tier One colleges

FINANCIAL ASSISTANCE

- Over \$17 million in financial assistance was awarded in 2015 to students including:
 - Financial aid and loans
 - Scholarships and student support

Rockland Community College Campus

145 College Road, Suffern, NY 10901 • 845-574-4000



- 1= Academic I
- 2= Academic II
- 3= Student Union
- 4= Library
- 5= Fieldhouse
- 6= Brucker Hall
- 7= Cultural Arts Center

To find your way around the campus . . . just remember that the first digit of any four-digit room number identifies the building in which that room is located. The second digit indicates the floor.

For example:

Room 2316 is on the third floor of Academic II.

Room 6103 is on the first floor of Brucker Hall.

ALCOHOL and OTHER DRUG PREVENTION and TREATMENT SERVICES

CANDLE _____ 845-634-6677

(Community Awareness Network for a Drug-Free Life & Environment, Inc.)

120 North Main Street, Suite 301, New City, NY 10956 • www.candlerockland.org

CANDLE provides substance abuse and violence prevention education to youth of all ages, prevention strategies to their adult allies, and support programs for youth at risk.

GOOD SAMARITAN HOSPITAL _____ 845-368-5000

225 Lafayette Avenue, Suffern, NY 10901 • www.charity.bonsecours.com

Good Samaritan Hospital offers inpatient detoxification and rehabilitation services for the chemically dependent adult. Each patient receives a comprehensive medical exam upon admission and a psychiatric exam when indicated. Based on this information, the multi-disciplinary staff creates a recovery plan to meet the patient's needs. Peer group support and the therapeutic milieu enhances the trust and values necessary for the recovery process to begin. Other services include: treatment programs for patients with both mental illness and chemical dependency, methadone maintenance, and services for HIV/AIDS patients.

HAVERSTRAW REACH OUT _____ 845-429-5731

50 West Broad Street, Haverstraw, NY 10927

The Haverstraw Center offers Village of Haverstraw residents a comprehensive center that will enhance the quality of youth and family development through specialized services.

LEXINGTON CENTER FOR RECOVERY, INC. _____ 845-369-9701

100 Route 59, Suite L-1, Airmont, NY 10901 • www.lexingtonctr.org/

The Lexington Center for Recovery offers a range of services to those in alcohol and drug dependency recovery utilizing a holistic approach to treatment. In addition the Center offers services to those dealing with a Gambling Addiction. Services include comprehensive assessments, psychiatric evaluation and monitoring, individual, family and group counseling.

MADD - ROCKLAND COUNTY COMMUNITY ACTION SITE _____ 800-245-6233 / 518-785-6233

146 Barrett Street, Suite #3, Schnectady, NY 12305 • www.madd.org

HOT LINE: 1-877-MADD-HELP

Mothers Against Drunk Driving's mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking. MADD educates and raises awareness on the issues involving Drunk Driving and Underage Drinking. MADD is a 501 (c) (3) non-profit grass roots victim advocacy organization offering free victim services.

NYACK HOSPITAL RECOVERY CENTER for CHANGE, OUTPATIENT SERVICES _____ 845-348-2070

160 No. Midland Avenue, Nyack, NY 10960 • www.nyackhospital.org

Nyack Hospital Recovery Center for Change (also known as Chemical Dependency Outpatient Clinic) is a treatment center in Nyack, New York that focuses on substance abuse services by providing substance abuse treatment and detoxification services. The programs offered are designed for men, women, and DUI / DWI offenders. Nyack Hospital Recovery Center for Change offers sliding fee scale to help cover the cost of treatment. Payment forms including self-payment, Medicaid, Medicare, state insurance (other than Medicaid), and private health insurance are accepted.

RECOVERY SERVICES at MENTAL HEALTH ASSOCIATION OF ROCKLAND, INC. _____ 845-267-2172

706 Executive Blvd., Valley Cottage, NY 10989 • www.mharockland.org

The Mental Health Association (MHA) of Rockland helps people living with mental illness and/or addiction to embrace life and re-define themselves. MHA offers support and assistance to families, friends, employers and colleagues who care about those struggling with these issues.

MHA offers a range of services for adults, teens, children and families. Some of these services include:

Adult and child case management services, Assertive Community Treatment (ACT), Personalized Recovery Oriented Services (PROS), recovery services, residential services, social, vocational services, parent-teen support groups and community education services.

ROCKLAND COUNCIL on ALCOHOLISM and OTHER DRUG DEPENDENCE, INC. _____ 845-215-9788

25 Smith Street, Nanuet, NY 10954 • www.rcadd.org

The Rockland Council on Alcoholism and other Drug Dependence, Inc. is a not-for-profit agency that provides FREE & CONFIDENTIAL assessments and referrals to treatment for individuals and families affected by the diseases of addiction to alcohol and other drugs. RCADD is dedicated to raising public awareness through intervention, education and advocacy. Trained staff interventionists assist family members to intervene in the lives of loved ones who are in denial about the life-threatening consequences of their addictions. In addition, the Council offers a Family Education Series and professional training/re-credentialing programs.

ROCKLAND COUNTY DEPARTMENT of HEALTH PUT IT OUT ROCKLAND

845-364-2651

50 Sanatorium Rd., Building J, Pomona, NY 10970

Email: ferraram@co.rockland.ny.us • www.putitoutrockland.com

This service offers an Eight Week (FREE) Smoking Cessation Program. Nicotine replacement products are provided free to those who medically qualify. Programs meet twice a week for the first two weeks and once a week thereafter. Programs are offered in a structured group support format using Behavioral Modification techniques. Professionally-trained Cessation Specialists facilitate the program. Individual counseling is also offered.

SELF HELP PROGRAMS

Alcoholics Anonymous	845-352-1112	www.rocklandnyaa.org
Nicotine Anonymous	877-TRY-NICA	www.nicotine-anonymous.org
Marijuana Anonymous	845-405-6649	www.marijuana-anonymous.org
Narcotics Anonymous	212-929-7117	www.rocklandna.org
Al-Anon Family Groups	845-727-2050	www.rockland-al-anon.org
JACS* Groups	212-632-4600	www.jacsweb.org

*JACS: *Jewish Alcoholics, Chemically Dependent Persons and Significant Others*

CHILDREN'S SERVICES

BIG BROTHERS BIG SISTERS of ROCKLAND COUNTY

845-634-2199

65 North Main St., New City, NY 10956 Fax: 639-0164 • www.bbbsofrc.com

Big Brothers Big Sisters of Rockland County provides a one-to-one, long term, off site, professionally supported mentoring program for children and youth living in single parent households. Acknowledged as the premier mentoring program, Big Brothers Big Sisters of Rockland County pairs children 7-16 years of age with trained and committed volunteer mentors, who provide a developmental support system, assistance in setting personal goals, motivation for academic achievement and encouragement enabling for children to grow into healthy, productive adults.

Court Ordered Supervised Visitation

The purpose of the Court Ordered Supervised Visitation Program is to provide non-custodial parents an opportunity to meet each week with their child (children) in a safe, child-friendly environment under the supervision of court approved supervisors.

Rockland County Mentoring Collaborative After School Program

Trained college students mentor high school students identified as low academic achievers with social behavioral issues and considered to be "at-risk" of not graduating high school. Motivational speakers present topics addressing healthy career choices through remaining in school and graduating in order to enroll into 2 or 4 year colleges.

CHILD CARE RESOURCES OF ROCKLAND _____ 845-425-0009

235 No. Main Street, Suite 11, Spring Valley, NY 10977

e-mail: info@rocklandchildcare.org • www.childcarerockland.org

Comprehensive services for parents who need to find child care for employers who want to provide “family friendly” benefits to employees; and for early care and education programs and staff who need technical assistance and professional training. Services are available in English, French, Creole and Spanish. Child care and respite care are available for families with children who have special needs. They administer before and after-school age programs in North Rockland and they offer assistance to school districts in addressing early childhood issues. Costs for some services on a sliding fee scale, scholarships available.

**MARTIN LUTHER KING
MULTI-PURPOSE CENTER, INC. _____ 845-425-8910**

After School Program

110 Bethune Blvd., Spring Valley, NY 10977 • mlkmpc.org/

The Martin Luther King Multi-Purpose Center, Inc. serves all of Rockland County’s children, teens and young adults ages 5-21. The Program features state of the art computer lab and instruction. They offer ethnic/cultural heritage instruction, supervised homework help, literacy support, music and multi- cultural arts. The Program works closely with the East Ramapo School District, Rockland Community College, BOCES, Child Care Resources of Rockland, The Village of Spring Valley, County of Rockland, Towns of Ramapo and Clarkstown and the NYS Division for Youth.

**ROCKLAND COUNTY DEPARTMENT OF HEALTH
SERVICES TO CHILDREN WITH
SPECIAL HEALTH CARE NEEDS _____ 845-364-2620**

Sanatorium Road, Bldg. J, Pomona, NY 10970

www.rocklandgov.com/departments/health/programs-and-services/children-with-special-needs-programs/

Early Intervention Program- This is a statewide program that offers screenings, evaluations, therapeutic and support services for children 0-3 years of age who have special needs. Direct number: 364-2032

Pre-School Education Program (CPSE) - CPSE provides educational and therapeutic services to children with disabilities between the ages of 3-5 years old.

Infant Child Health Assessment Program (ICHAP)/ Child Find - ICHAP assists families through the early identification and referral process for all services for children 0-3 years of age who have special needs.

THERESA MORAHAN SIMMONS CENTER for CHILDREN and FAMILIES

CAMPUS FUN & LEARN CHILD DEVELOPMENT CENTER _____ **845-574-4561**

Rockland Community College

145 College Road, Suffern, NY 10901 • campusfunandlearn.org

The CAMPUS FUN & LEARN CHILD DEVELOPMENT CENTER is a licensed, non-profit, child care program for children 3-5 years of age. Registration is open to the children of RCC students, faculty, staff and the general public on a space available basis. Operating hours for the program are 6:00 am until 6:00 pm daily and is open year round except for major holidays.

COMMUNITY SERVICES

211 THE CONNECTION CENTER _____ **845-574-4414**

Rockland Community College,

Technology Center, Room 8372, 145 College Road, Suffern, NY 10901

www.sunyrockland.edu/go/connectioncenter • jfalco@sunyrockland.edu

The Connection Center, can connect student and their family members to resources that enable them to stay and succeed in school. Students and family members may dial 211 at any time, even when the on-campus Connection Center is closed and speak with a United Way specialist. All calls are anonymous and confidential. The free Helpline is available 365 days a year. The Connection Center offers assistance with issues such as: housing childcare, unemployment, medical, legal, mental health/crises, prescriptions, health insurance and utilities.

CHORE PROGRAM

HEALTH AIDES OF ROCKLAND _____ **845- 634-2024**

The CHORE Program operates a free handy-man program for seniors and the disabled of all ages. No Outside chores are done. Appointments are required.

EPIC (EVERY PERSON INFLUENCES CHILDREN) PROGRAM

MAKING PARENTING A PRIORITY _____ **845-352-9105**

461 Viola Road, Spring Valley, NY 10977 • www.epicforchildren.org

EPIC offers free parenting workshop series throughout the county. These run for six weeks, two hours per week and cover topics such as: "Parenting Styles," "Self-Esteem," "Limit Setting," "Substance Abuse Prevention" and many others. Workshops are offered for parents of children, birth through adolescence. They also offer a literacy program and a teen moms program.

JEWISH FAMILY SERVICE _____ **845-354-2121**

450 Nyack Road, West Nyack, NY 10994 • www.rjfs.org

JFS offers individual, group, family therapy, play therapy and couples counseling. Other services include: family and divorce mediation, support groups, pre-marital counseling, in home counseling for the elderly and disabled, and expanded services for older adults. Sliding fee scale.

JCC OF ROCKLAND _____ **845-362-4400**

450 W. Nyack Road, West Nyack, NY 10994 • www.jccrockland.org

JCC of Rockland is a non-profit community center founded upon Jewish ethics and values and open to all members of the community. Services include: sports leagues for children, after school child care, holiday break programs for children in grades K-6, "Mommy and Me" classes and enrichment programs for 3 and 4 year olds, parent education program and a NEW MUSIC program for Children ages 3 months to 4 years, senior adults program, fitness center, adults program, singles program and summer day camp for preschoolers through grade 6.

**MARTIN LUTHER KING
MULTI-PURPOSE CENTER, INC.** _____ **845-425-8910**

110 Bethune Boulevard, Spring Valley, NY 10977-4250 • www.mlkmpc.org

The Martin Luther King Multi-Purpose Center is a not-for-profit tax exempt, one stop community based organization, incorporated in April, 1978. It provides a full array of human services to the community in a holistic approach. The mission of the Martin Luther King Multi-Purpose Center is to provide educational, health, cultural and social programs that empower our children, family and elders building a stronger sustainable society. The Center perpetuates the Rev. Dr. Martin Luther King, Jr's ideals on nonviolence, peace, social justice and equality, keeping alive Rev. Dr. King's dream of a beloved community.

Services offered include an after school program, community health program, advocacy services, food pantry, senior nutrition assistance program, summer recreational activities for children, youth employment services. In addition, the Center offers the community a Reading Room with a library and literacy promoting events.

MEALS ON WHEELS

PROGRAM & SERVICES OF ROCKLAND, INC. 845-624-MEAL

121 West Nyack Road, Nanuet, NY 10954 • www.mowrockland.org

Homebound Program — variety of meal service plans, available to anyone who is homebound because of disability, illness, or advanced age. Dietary needs accommodated. Sliding scale available.

Social Model Adult Day Care Services — The Bobbi Lewis Adult Day Center located in the agency's administrative office building in Nanuet is targeted to assist people with Alzheimer's disease and related disorders. Caregiver respite is provided.

Rockland Central Commissary — large volume commercial kitchen providing meals under contract to a variety of programs.

Music Makers — are a senior citizens performing group offering theatrical reviews.

Rockland Senior Centers Programs — six multipurpose senior centers offering transportation, recreation, lunch and a broad spectrum of support services. Provides hot meals at lunchtime, club activities, such as card playing, bingo, in house movies; speakers from law enforcement, health, senior issues, etc.; trips, such as plays, historical sites, movies, picnics, outings, etc. our bus picks up our members.

Senior Net at Adult Learning Center — a computer learning lab for older adults. 845-623-5467.

ROCKLAND COUNTY PAL

www.hpalinc.org

PAL provides sport-recreation programs such as basketball, softball and boxing on a county-wide level. They also operate through local PAL Centers in various municipalities throughout the county — with each offering different activities, classes and programs, as well as participating in county-wide leagues and field trips. Most activities are free of charge and open to residents between the ages of 8 to 17 years (boxing to 25 years).

Haverstraw PAL

Mailing Address: PO Box 238, Garnerville, NY 10923 845-641-5461

Piermont PAL

478 Piermont Ave., Piermont, NY 10968 845-359-1258, press 8

RSVP

RETIRED & SENIOR VOLUNTEER PROGRAM _____ 845-356-6818

Rockland Community College

Academic I, Room 1110, 145 College Road, Suffern, NY 10901

www.sunyrockland.edu/go/rsvp

The mission of the Rockland County Retired & Senior Volunteer Program (RSVP) is to help address community needs by recruiting volunteers 55 or older to lend their time and expertise in community service to nonprofit agencies and proprietary nursing homes, and in so doing to provide them with meaningful and ongoing volunteer opportunities.

Interested? Contact Susan Ball at 845-356-6818 or sball@sunyrockland.edu

SENIOR CENTERS _____

The following centers offer a range of services to senior citizens to enhance their physical, mental and emotional well-being through meaningful activities.

Clarkstown/Pearl River Senior Center _____ 845-624-6334

121 West Nyack Road, Nanuet, NY 10954 • www.town.clarkstown.ny.us

North Rockland Senior Center _____ 845-429-2090

Village of West Haverstraw Village Hall and Community

130 Samsondale Ave., West Haverstraw, NY 10993 • www.hudson211.org

Nyack Senior Center _____ 845-353-1311

90 Depew Avenue, Nyack, NY 10960

Ramapo Senior Activity Center - Meals on Wheels _____ 845-356-2244

484 New Hempstead Road, New City, NY 10977

Town of Ramapo Ramapo Senior Center _____ 845-369-1802

319 Haverstraw Road, Suffern NY 10901 • www.ramapoparks.org

Thorpe Senior Center _____ 845-359-5801

Dominican Convent of Sparkill

175 Route 340, Sparkill, NY 10976 • www.sparkill.org

WESTCOP – WESTCHESTER COMMUNITY OPPORTUNITY PROGRAM, INC. _____

845-728-0688

17 W. Broad St., Haverstraw, NY 10927

845-728-0688

94 N. Main St., Spring Valley, NY 10977

845-262-1987

www.westcop.org

WESTCOP is a private not-for-profit, multipurpose social service agency operating programs to combat poverty and its adverse effects in Rockland County. Services offered include: legal assistance, assistance in obtaining affordable housing, food pantry and emergency food commodities, referral services, support for veterans affairs, ESL services including citizenship assistance, employment assistance and low income tax assistance.

COUNSELING & MENTAL HEALTH SERVICES

MENTAL HEALTH ASSOCIATION OF ROCKLAND COUNTY, INC.

845-267-2172

140 Route 303, Valley Cottage, NY 10989 • www.mharockland.org

The Mental Health Association (MHA) of Rockland helps people living with mental illness and/or addiction to embrace life and re-define themselves. MHA offers support and assistance to families, friends, employers and colleagues who care about those struggling with these issues.

MHA offers a range of mental health services for adults, teens, children and families. Some of these services include:

Adult and child case management services, Assertive Community Treatment (ACT), Personalized Recovery Oriented Services (PROS), Court Appointed Special Advocates (CASAs), Coordinated Children's Services Initiative, recovery services program for teens and young adults, respite services, services to families with developmentally disabled children, survivor of suicide groups, social, vocational services, parent-teen support groups and community education services.

NAMI-FAMILYA

845-359-8787

Rockland Psychiatric Center, Bldg. 57, Room C 102, First Floor

140 Old Orangeburg Road, Orangeburg, NY 10962 • www.namirockland.org

NAMI-FAMILYA - Rockland provides support, education and advocacy for families of persons with mental illness. NAMI-FAMILYA works towards improving services and resources for those with mental illness and their families, ameliorating stigma and increasing understanding in the community.

NAMI-FAMILYA welcomes family members, friends and mental health professionals who live and/or work in the Rockland County area to their meetings. Call for time and locations of meetings.

NYACK HOSPITAL

ASSESSMENT AND REFERRAL CENTER

845-348-6700

Nyack Hospital Emergency Room • 160 North Midland Ave., Nyack, NY 10960

www.nyackhospital.org/Nyack-Hospital-Our-Services-TheBehavioral-Health-Center-Home.asp

The Behavioral Health Center at Nyack Hospital is an adult acute care psychiatric unit that offers a full spectrum of psychiatric services and medical care on a 24/7 basis. Mental health care is available for those who require acute inpatient psychiatric care for reasons such as depression, psychosis and other mental illnesses. Individuals can be directly admitted to the Center by physician referral. Those individuals who arrive at the Emergency Department will receive medical and psychiatric evaluations. Patients requiring inpatient admissions will be transferred to The Behavioral Health Center; those not requiring admission will be assisted in finding appropriate treatment resources with the help of community partners.

PROJECT TURNING POINT ____ 24-Hour Hotline 1-877-540-7680

Project Turning Point is a temporary 30 day shelter serving homeless runaway youth between ages of 16-21. Youth may come to the shelter through self-referral or referral sources. Admission is solely voluntary. The agency is located in Westchester County but it provides services to youth in Rockland County.

CENTER FOR SAFETY AND CHANGE _____ 845-634-3391

9 Johnsons Lane, New City, NY 10956 • www.centerforsafetyandchange.org

Teen Dating Violence Prevention Program

The Center for Safety and Change provides support services to victims of domestic violence and sexual assault. Our services includes 24 hrs. hotline, emergency theater, legal services support groups, individual and group counseling, children's programs, advocacy information, referrals and community education and outreach.

Residential and non-residential services for domestic, dating and/or sexual violence. Offices in New City, Spring Valley and Haverstraw. Services include advocacy, accompaniment to court and county agencies, legal services, information and referral services.

Educational Outreach

Free programs for grades 8 through college and graduate school, community groups and professional training. Services are multilingual and culturally sensitive.

Shelter For Battered Women and Their Children/Rape Crisis Services

Services include: advocacy, accompaniment, counseling and support groups for survivors of rape sexual assault/incest and childhood sexual abuse and their families.

Services for Survivors of Domestic/Dating and/or Sexual Violence

24 hour hotline: 845-634-3344

RPS BEHAVIORAL HEALTH

RESPONSE TEAM _____ 845-517-0400 OR 844-255-BHRT(2478)

HELP AVAILABLE 24/7

The RPS Behavioral Health Response Team (BHRT) is an interdisciplinary team of mental health clinicians and technicians. The team responds to requests for assistance or intervention with any number of behavioral health issues. The issues can range from serious emotional crisis to seeking guidance for behavioral health support. The RPS Behavioral Health Response Team (BHRT) is prepared to respond to wherever you are located in Rockland County. Call the Behavioral Health Response Team any time of the day or night for any mental health related issue.

There is no charge for the team's services.

**ROCKLAND COUNTY
DEPARTMENT of MENTAL HEALTH _____ 845-364-2150**

50 Sanatorium Rd., Building F, Pomona, NY 10970
[www.rocklandgov.com/departments/mental health](http://www.rocklandgov.com/departments/mental%20health)

The Rockland County Department of Mental Health Pomona Clinic offers consultation, assessment and primarily short-term and problem focused treatment through individual, family and group therapy and medication monitoring.

**ROCKLAND COMMUNITY COLLEGE
STUDENT DEVELOPMENT CENTER _____ 845-574-4306**

145 College Road, Suffern, NY 10901
www.sunyrockland.edu/campus-life/go/services

The Center advocates for and encourages the social, emotional and academic growth of all students. Professionally trained counselors are available to support and empower students to accomplish their career and personal objectives through a variety of programs and services, including, but not limited to individual and group counseling. Additional Services: Academic Advisement Center, Academic Intervention Program, Transfer Counseling, Services to Adult Returning Students, Career Resources Library, Computerized Assistance Programs which offer guidance in transferring to four-year colleges and planning careers and support services for Students of Color and Veteran Services.

VCS, INC. _____ 845-634-5729

77 South Main Street, New City, NY 10956 • www.vcs-inc.org

VCS provides individual, couples, family counseling at affordable sliding scale fees for clients age 12 and up. VCS also offers special program for teens, elders, grandparents, divorcing couples, parents and supportive cancer counseling.

VCS is dedicated to recognizing gaps in the existing social services network and responding with accessible and cost-effective programs to help people in need. The agency also focuses on raising awareness, on a local and national level, of social injustices and then develops programs to address those issues.

Some of the populations served by VCS programs and services include: families in crisis; adolescents; court-ordered men who batter women; the elderly and their caregivers; lesbian, gay, bi-sexual, and transgender individuals and their families; immigrants; parents of children with special education needs; people and their families suffering from the ravages of cancer and developmentally disabled adults. Professional populations that are served include: schools and school administrators; other social service agencies; public-policy makers; the courts; local and national organizations; businesses and institutions.

VCS Counseling and Family Services include counseling programs, adolescent services, parenting classes, divorce services, services for older adults & their families, caregiver support programs, "Relatives as Parents" program/kinship care, LGBT clinical services, employee assistance program services, cancer support programs, and professional consultation.

VCS Community Change Project includes Community Commitment to End Domestic Violence, Domestic Violence Classes for Men, LGBT Affirming Community Services, Anti-Racism and Anti-Oppression Programs, training and educational workshops and institutes.

VCS Center for Conflict Resolution includes Community-Based Mediation, Special Education Mediation, Lemon Law Arbitration, Eldercare Mediation, Conflict Resolution and Conflict Management in the Schools Programs, a Surrogate Decision Making Committee, and a Student Advocacy Program

COUNTY OF ROCKLAND AGENCIES

COMMISSION ON HUMAN RIGHTS _____ 845-364-3886

50 Sanatorium Rd, Building G, Pomona, NY 10970
www.rocklandgov.com/departments/humanrights

The Commission on Human Rights receives complaints of discrimination in housing, employment and public accommodations. The Commission helps insure the rights of equal opportunity and equal protection.

Consumer Protection, Weights & Measures 845-708-7600

18 New Hempstead Road, 6th Floor, New City, NY 10956

This office receives and investigates complaints and initiates investigations of fraud and/or unfair dealings against consumers arising from transactions in the market place.

COUNTY OF ROCKLAND YOUTH BUREAU _____ 845-638-5166

18 New Hempstead Road, New City, NY 10956 (2nd floor)
www.rocklandgov.com/departments/youthbureau/

The Rockland County Youth Bureau is a public planning, funding, advocacy and coordinating agency for youth and family programs in Rockland. It is responsible for advocating on behalf of all children and youth, maintaining current information on youth needs, enhancing communication among youth-serving agencies and allocating state funds for youth and family programs. *Services offered include pre-employment training and the Rockland Conservation and Service Corps.*

DEPARTMENT OF PROBATION _____ 845-638-5544

Allison-Parris County Office Building
11 New Hempstead Road, New City, NY 10956 • www.rocklandgov.com

The Department of Probation provides services to the family, justice and county courts by:

Preparation of pre-sentence, pre-disposition and custody investigation, civil petitions for PINS, custody, visitation and family offenses. Additionally, this department provides court ordered supervision to adult offenders and those juveniles identified as either PINS or Juvenile Delinquents and diversion services to children and families for the purpose of avoiding Court involvement and/or the detention of the child.

DEPARTMENT of HEALTH

845-364-2513

50 Sanatorium Road, Building D, Pomona, NY 10970
Environmental Health, Patient Services, Administration
www.rocklandgov.com/departments/health/

Disease Control	845-364-2997
Emergency Medical Services	845-364-8923
Environmental Health	845-364-2608
HIV Prevention	845-364-3771
Low-Cost Health Insurance	845-364-3394
Patient Services	845-364-2534
Public Health Education	845-364-2660
Public Health Social Work	845-364-2620
Quit Smoking Program	845-364-2651

HEALTH DEPARTMENT CLINICS

50 Sanatorium Road, Building A, Pomona, NY 10970

Immunization Clinic	845-364-2520
Family Planning	845-364-2531/2124
Home Health Care	845-364-2534
Immunization	845-364-2520/2517
Infectious Disease	845-364-2570
Sexually Transmitted Diseases & HIV	845-364-3771
Women's Health	845-364-2531

INFO ROCK

845-364-2020

www.informationrockland.com

Rockland County's information and referral call center is hosted by the Department of Social Services. Callers are connected to services provided by over 750 government and not for profit health and human service organizations within Rockland County. Trained staff also provide callers with a list of referral options and provide them with a follow up call for quality assurance and customer satisfaction.

**ROCKLAND COUNTY
DEPARTMENT OF PUBLIC TRANSPORTATION _ 845-364-2064**

Transport of Rockland (TOR), Sanatorium Road, Building T, Pomona, NY 10970
www.rocklandgov.com (Click on the bus)

BUS SCHEDULES INFORMATION

Five TOR Bus Routes stop on the RCC Campus. College student discounts available and bus passes are for sale from the Bursar. TOR Schedules are available in the RCC Library and in Student Involvement, Student Union, Room 3208.

**ROCKLAND COUNTY
DEPARTMENT OF SOCIAL SERVICES _____ 845-364-2000**

50 Sanatorium Road, Building L, Pomona, NY 10970
www.rocklandgov.com/departments/social-services/

The Rockland County Department of Social Services administers several State and Federal programs which assist individuals and families to meet their basic needs for food, clothing, shelter and medical care. In addition, the Department of Social Services provides a wide range of supportive programs, including services to strengthen family life, prevent family disruption, promote individuals' functioning and keep families together.

Supplemental Nutrition Assistance Program (SNAP) and

Emergency Unit/Temporary Assistance 845-364-3100

Home Energy Assistance Program (HEAP) 845-364-3480

Medicaid Office..... 845-364-3040

**ROCKLAND COUNTY DEPARTMENT of
HEALTH HOME CARE SERVICES _____ 845-364-2534**

50 Sanatorium Rd, Building D, Pomona, NY 10970
www.rocklandgov.com/departments/social-services/adult-services/

The Rockland County Department of Health Home Care Services provides monitoring of home care services to Medicaid recipients. This includes nursing, physical therapy, occupational therapy, speech therapy, social work and home health aides for eligible homebound patients under physician's orders.

**ROCKLAND COUNTY
OFFICE FOR THE AGING**

845-364-2110

50 Sanatorium Road, Building B, Pomona, NY 10970
www.rocklandgov.com/departments/aging

The Rockland County Office for the Aging provides a comprehensive and coordinated countywide system of direct or subcontracted programs and services to maximum independence and well-being of older residents. Information, referrals, counseling, education, volunteerism, employment, home care, insurance assistance, home delivered meals, weatherization, HEAP, senior centers, day programs and support groups are among the many available programs. Advocacy by and for the elderly with other agencies is a primary activity.

Senior Care Helpline - Preliminary telephone evaluation of long term health needs. Referrals to appropriate service programs ranging from service delivery of meals to nursing home placements. Follow-ups on calls. 845 364-3444.

DISABILITY SERVICES

BRiDGES

845-624-1366

873 Route 45, Suite 108, New City, NY 10956 • www.bridgesrc.org

BRiDGES (formerly Rockland Independent Living Center), provides a wide range of services to all people with disabilities and their families including benefits advisement, peer counseling, advocacy, peer mentoring support, computer training, employment and housing services, food pantry and information and referral.

**NYS DEPARTMENT of EDUCATION
ADULT, CAREER AND CONTINUING
EDUCATION SERVICES AND VOCATIONAL
REHABILITATION ACCESS - VR**

845-426-5410

15 Perlman Drive, Spring Valley, NY 10977 • www.acces.nysed.gov/vr/whiteplains

ACCESS-VR offers access to a full range of employment services that may be needed by persons with disabilities throughout their lives. These services include employment training and job placement. This program offers services to all persons with disabilities with the exception of blindness.

For services for those who are legally blind, contact The Commission for the Blind and Visually Handicapped at 914-993-5370.

ROCKLAND COMMUNITY COLLEGE ACCESSIBILITY SERVICES

845-574-4541

145 College Road, Suffern, NY 10901 • www.sunyrockland.edu/go/accessibility

Accessibility Services works collaboratively with the College community to facilitate equal access for students with disabilities to the educational programs, services and facilities of Rockland Community College. In addition, Accessibility Services is a resource to students, faculty, staff and community services to provide education, consultation and guidance regarding disability issues.

ROCKLAND COUNTY OFFICE FOR PEOPLE WITH DISABILITIES

845-708-7645 / 845-364-2020

2 New Hempstead Rd., New City, NY 10956

www.rocklandgov.com/programs-and-services-for-people-with-disabilities

RC Office for People with Disabilities provides information, referral services and advocacy for all Rockland County residents and their families.

EMPLOYMENT AND CAREER SERVICES

ROCKLAND COMMUNITY COLLEGE STUDENT CAREER SERVICES

845-574-4216

145 College Road, Suffern, NY 10901 • www.sunyrockland.edu/go/careers

Student Career Services at RCC is committed to offering a wide range of services that will assist students in understanding and implementing the critically important academic and career decision-making processes. Students are provided personal assistance in determining their career choices, acquiring valuable, credit-bearing internship placements and opportunities, and locating beneficial job opportunities both off and on-campus.

ROCKLAND COUNTY CAREER CENTER

845-356-5100

RCC, 145 College Road, Suffern, NY 10901 • www.rocklandcountycareercenter.org

RCC Haverstraw Center

37 W. Broad St., Haverstraw, NY • 845-786-2423 (TBD)

The Career Center brings together employers and job seekers, providing a comprehensive, one-stop approach to career exploration, job training and employment searching. Staffed with employment professionals from private and public entities, including the NYS Department of Labor, the Center provides job seekers with the necessary tools for a self-directed or staff-assisted job search and provides employers with workforce training.

FAMILY PLANNING

BIRTHRIGHT of ROCKLAND _____ **845-623-9098**

257 So. Middletown Road, Box 306, Nanuet, NY 10954
rocklandrtl.org/contact-us/other-pro-life-groups/birthright

Birthright of Rockland offers free, non-judgmental assistance to women facing unplanned pregnancies. Birthright offers counseling services; free, self-administered pregnancy tests.

PLANNED PARENTHOOD of HUDSON/PECONIC _____ **914-467-7300**

4 Skyline Dr, Hawthorne, NY 10532
www.plannedparenthood.org/planned-parenthood-hudson-peconic

All services are confidential. No age requirement. Sliding fee scale. Medicaid accepted. Services include gynecological and contraceptive services, counseling and education, cancer screening (pap tests, breast exams), tests and treatment for sexually transmitted diseases and vaginitis, pregnancy testing and options counseling, referrals for other medical and social services and first trimester abortion services. Additionally education programs for K-12 and college students, library, and resource services, HIV counseling are offered and testing is free to patients.

ROCKLAND COUNTY DEPARTMENT of HEALTH WOMEN'S HEALTH SERVICES _____ **845-364-2531**

50 Sanatorium Road, Building D, Pomona, NY 10970
www.rocklandgov.com/departments/health/programs-and-services/wic-women-infants-and-children/

Confidential and comprehensive reproductive health services are available for Rockland County women in their childbearing years (adolescent to menopause). Services include contraception, pelvic and breast exams, pap smears, pregnancy tests and referrals, testing and treatment of vaginal infections and sexually transmitted disease and HIV testing and counseling. Appointments are required. Educational programs are available upon request.

FOOD PANTRIES/FEEDING PROGRAMS

Please call the numbers listed for services, times of operation and requirements.

CATHOLIC CHARITIES CENTER OF ROCKLAND _____ **845-942-5791**

78 Hudson Ave., Haverstraw, NY 10927

PEOPLE to PEOPLE, INC. _____ **845-623-4900**

121 W. Nyack Road, Nanuet, NY 10954

ROCKLAND COMMUNITY COLLEGE

FOOD PANTRY for STUDENTS _____ **845-574-4531, 845-574-4306**

145 College Road, Suffern, NY 10901

UNITED CHURCH OF SPRING VALLEY _____ **845-356-2863**

11 Church Street, Spring Valley, NY 10977

GAY, LESBIAN, BISEXUAL TRANSGENDER SERVICES

CANDLE _____ **845-634-6677**

(Community Awareness Network for a Drug-Free Life & Environment, Inc.)

120 North Main Street, Suite 301, New City, NY 10956 • www.candlerockland.org

In addition to substance abuse and violence prevention education, CANDLE offers groups for LGBTQ youth and training opportunities for professionals.

PFLAG of ROCKLAND COUNTY _____ **845-268-2373**

PO Box 344, Congers, NY 10920 • www.pflagwestchester.org

PFLAG of Rockland provides support, advocacy, and education to the LGBT community and those who care about them.

TRUST _____ **845-634-6677**

120 No. Main Street, Suite 301, New City, NY 10956

www.candlerockland.org • www.trustyourselves.org

TRUST is a weekly psycho-educational group for LGBT teens and peer allies. The group provides a safe structured setting in which youth can discuss issues related to sexual orientation. Facilitated by professional social workers, topics include communication and decision-making. Confidentiality is maintained. TRUST meetings are not therapy sessions and members are referred to appropriate resources when indicated. (TRUST is an ongoing project of CANDLE.) Contact 634-6677 for time and location. For more information email: trust@candlerockland.org

HIV/AIDS

HUDSON VALLEY COMMUNITY SERVICES _____ 845-356-0570

86 Route 59, Spring Valley, NY 10977 • www.hudsonvalleycs.org

The office provides services to persons with chronic illnesses as well as those with HIV/AIDS and their families and significant others.

Services include: Case management, resource and referrals, advocacy, support groups, medical planning, transportation and emergency food pantry. This program can also assist other community service providers to locate and re-engage HIV infected clients to medical care.

Hudson Valley Community Services is staffed to meet the diversity of the community it serves and can therefore be an important link for individuals whose primary language may be Creole, Spanish, or French. All services are confidential and available to individuals affected by HIV/AIDS residing in Rockland County. The food pantry is open to members of the Rockland community.

ROCKLAND COUNTY DEPARTMENT of HEALTH 845-364-2570

50 Sanatorium Road, Building J, Pomona, NY 10970

www.rocklandgov.com/departments/health/

Infectious Disease Program

Services include: Primary medical clinics; case management services; transportation, outreach to Haitian and Hispanic communities; housing assistance; HIV counseling and rapid testing and partner notifications.

HIV/Aids Program845-364-2570

Health Promotion845-364-2500

WIC- Women Infants Children ...845-364-2577

TOUCH-TOGETHER OUR UNITY CAN HEAL, INC. 845-268-8023

209 RT 9W, Congers, NY 10920 • www.touch-ny.org

HIV support services for residents of Rockland, Orange and Ulster Counties.

Services include: support groups for all persons with HIV/AIDS and their families, loved ones and care partners. Programs include HIV Positive adolescent programs, teen awareness and education, education programs for the general community and for people infected and affected by HIV, nutrition programs with home delivered food, counseling, referral, transportation, pastoral care, volunteer services, case management and social programs. No charge to access services.

HOUSING

LEGAL AID SOCIETY OF ROCKLAND COUNTY, INC.

CIVIL DIVISION: HOUSING _____ **845-634-3627**

www.legalaidrockland.org/housing/

The Legal Aid Society of Rockland County offers support individuals/families with a range of housing concerns. These include eviction, defense, enforcement of tenants' rights, illegal lockout to shut off of utilities, settling landlord-tenant disputes, public housing or Section 8 disputes, request for repairs, code enforcement issues and other housing matters.

ROCKLAND COUNTY

OFFICE OF COMMUNITY DEVELOPMENT _____ **845-364-3939**

50 Sanatorium Road, Building K, Pomona, NY 10970

www.rocklandgov.com/departments/community-development/

The Office of Community Development serves the people of Rockland County by obtaining federal and state grants to provide affordable housing and improve the quality of life to low income and moderate income residents.

LEGAL SERVICES

LEGAL AID SOCIETY of

ROCKLAND COUNTY, INC. _____ **845-634-3627**

Civil Division: Housing

2 Congers Road, New City, NY 10956 • www.legalaidrockland.org

The Legal Aid Society provides legal assistance to eligible indigent clients in civil cases and represents children in Family Court as Law Guardians.

ROCKLAND COUNTY BAR ASSOCIATION

& LAWYER REFERRAL SERVICE _____ **845-634-2149**

337 N. Main Street, Suite 1, New City, NY 10956 • www.rocklandbar.org

This service provides referrals to lawyers according to their specialties.

ROCKLAND COUNTY

PUBLIC DEFENDER'S OFFICE _____ **845-638-5660**

11 New Hempstead Road, New City, NY 10956 • email: LicataJ@co.rockland.ny.us

The Public Defender's Office represents the indigent in local and county courts in criminal matters.

SEXUAL ASSAULT PREVENTION & TREATMENT SERVICES

ROCKLAND COMMUNITY COLLEGE COUNSELING SERVICES

845-574-4306

145 College Road, Suffern, NY 10901
www.sunyrockland.edu/go/counseling

The offices of Counseling Services and Religious Life offer RCC students confidential resources for individuals who have concerns about sexual and or interpersonal violence.

- RCC Counseling Services..... 845-574-4306
- RCC Religious Life 845-574-4531 or 4422

Other non-confidential campus resources are:

- Title IX Coordinator(s) 845-574-4758, 4280 or 4294
- Public Safety 845-574-4911, 4217
- Judicial Affairs..... 845-574-4636

Additionally, students may use the Anonymous Tip Line for reporting 845-574-4636

CENTER FOR SAFETY AND CHANGE HOT LINE

845-634-3391

845-634-3344

9 Johnsons Lane, New City, NY 10956 • www.centerforsafetyandchange.org

The Center for Safety and Change provides services to victims of domestic violence, rape and other forms of sexual assault and harassment. In addition to our dedicated programs, each of Center for Safety and Change's offices provide the full range of non-residential services and support services to victims including- information and referral; advocacy and accompaniment; individual and group counseling; community education and outreach; children's services; legal, translation and transportation services; safety and planning information; court assistance; undeserved population services (ethnic, religion, LGBTQ); and assistance with New York State Office of Victim Services application.

**SPIRIT OF ROCKLAND
SPECIAL VICTIM'S CENTER** _____ **845-357-0651**

Located on the grounds of Good Samaritan Hospital
255 Lafayette Avenue, Suffern, NY 10901
www.centerforsafetyandchange.org/what-we-do/special-victims-assistance

Spirit of Rockland Special Victim's Center (SVC) is a collaborative partnership among Center for Safety & Change; the Rockland District Attorney's Office; the Rockland Department of Social Services; the Rockland Department of Health; the Rockland Police Chiefs Association; and Good Samaritan Hospital. The goal of SVC is to provide services and resources to victims in one secure location through interagency collaboration.

Any victim, regardless of age, physical, or mental condition, personal circumstance or the nature of the crime committed against them, has unique concerns or needs that require special attention. SVC offers the services of specially trained advocates who provide free and confidential services such as:

- Accompaniment to hospital, district attorney's office, parole hearings, police and courts.
- Accompaniment to social services and other human service agencies
- Crisis intervention, counseling in person and by phone
- Culturally sensitive and bilingual services
- Assistance with safety planning
- Information and referrals
- Advocacy with courts, social and health service agencies, criminal justice system, and other systems.
- Follow up contacts throughout the court process
- Assistance with Victim Impact Statements
- Information and assistance with completion of NYS Office of Victim Services (OVS) Claim application
- Assistance in gathering needed documentation for the NYS OVS claim application

**ROCKLAND COUNTY SHERIFF'S
POLICE DIVISION** _____ **845-638-5400**

VETERANS

**NEW YORK STATE DIVISION OF
VETERANS' AFFAIRS** _____ **914-737-4400 x4367**

FDR VA Medical Center
Building 1, Room 18, Albany Post Road, Montrose, NY 10543 • www.veterans.ny.gov

The New York State Division of Veterans' Affairs (DVA or Division) advocates on behalf of New York's veterans and their families, as individuals and as a group, to ensure they receive benefits granted by law for service in the United States Armed Forces.

**ROCKLAND COUNTY
VETERANS SERVICE AGENCY** _____ **845-638-5244**

20 Squadron Blvd., Suite 480, New City, NY 10956 • www.rockvets.com

The Rockland County Veterans Service Agency is composed of veterans helping veterans, service-members, and their families, in any manner possible.

RockVets is a project of New York Vets, a non-profit agency created in 1992 to care for those who have worn this nation's uniform - no matter where or when they served in the United States military. They offer information on the GI Bill, educational benefits, medical benefits, post-traumatic stress, and submitting VA claim forms. This agency provides the most current information on all veteran-related topics.

ROCKLAND VA CLINIC _____ **845-634-8942**

345 N. Main St, New City, NY 10956

www.hudsonvalley.va.gov/locations/New_City_Community_Clinic.asp

This community based VA clinic offers a range of services to veterans including mental health, podiatry, optometry, Lab/EKG, nursing, nutrition and social work.

**ROCKLAND COMMUNITY COLLEGE
VETERANS AFFAIRS** _____ **845-574-4306**

145 College Road, Technology Center, Room 8220, Suffern, NY 10901

www.sunyrockland.edu/go/veterans

The purpose of Veterans Affairs at RCC is to provide multiple services to our students who have served in the military or who are eligible for survivor's benefits. The Veterans Counselor meets individually with students to help them identify all the federal and/or New York State educational benefits for which they may qualify, guide them through the application process for those benefits, and advise them about the related academic requirements. The Veterans Counselor also certifies the student's enrollment each semester to the Veterans Administration and assists students in the resolution of problems associated with obtaining their benefits.

VIETNAM VETERANS OUTREACH _____ **845-634-8942**

20 Squadron Blvd., New City, NY10956 • www.rockvets.com

The Rockland County Vietnam Veterans Outreach is composed of veterans helping veterans, service-members, and their families, in any manner possible. This program is specifically targeted to Vietnam veterans.

EMERGENCY POLICE DEPARTMENTS

Call 911

Clarkstown **845-639-5800**

20 Maple Avenue, New City 10956

Haverstraw **845-354-1500**

101 West Ramapo Road, Garnerville 10923

Orangetown **845-359-3700**

26 Orangeburg Road, Orangeburg 10962 • www.orangetown.com

Piermont **845-359-0240**

478 Piermont Avenue, Piermont 10968

Ramapo **845-357-2400**

Rte. 59, Suffern 10901

South Nyack-Grand View **845-358-0206**

282 Broadway, South Nyack 10960

Spring Valley **845-356-7400**

200 North Main Street, Spring Valley 10977

Stony Point **845-786-2422**

79 Route 210, Stony Point 10980

Suffern **845-357-2300**

61 Washington Avenue, Suffern 10901

NY State Police **845-364-0200**

8Theills Mt. Ivy Road, Pomona 10970

Sheriff's Department **845-638-5456**

New Hempstead Road, New City 10956

Sheriff's Police Division **845-638-5400**

New Hempstead Road, New City 10956

Department of Probation **845-638-5544**

11 New Hempstead Road, New City 10956

HOSPITALS

Good Samaritan Hospital **845-368-5000**

Nyack Hospital **845-348-2000**

Poison Control Center Direct Line **1-800-222-1222**

RCC | Rockland
Community
College

STATE UNIVERSITY OF NEW YORK

145 College Rd., Suffern, NY 10901