

All workshops are held at the **Technology Center, Suite 8226** unless otherwise stated.
Refreshments will be served • Funded by Student Activities Fees

New Student Worker Orientation

All students working on campus for the first time are required to attend one of the New Student Worker Orientations. During this orientation we will review RCC's student worker policies and procedures. Students will also learn about the payment options available to them.

Thursday, February 8 • 12:30 – 1:30 pm

Tuesday, February 20 • 12:30 – 1:30 pm

Thursday, March 8 • 12:30 – 1:30 pm

Resume Writing

This workshop will help students learn how to choose resume formats suited to their experience and goals, focus on employment objectives, and overcome limitations in their work history or education. Strategies for composing successful cover letters will also be explored.

Tuesday, January 30 • 12:30 – 1:30 pm (8227)

Thursday, April 19 • 5:30 – 6:30 pm

Exploring Careers

Exploring Careers is designed to assist students with making choices that are compatible with their skills, interests, values, and personality types. Students will be provided career assessment tools, participate in career exploration activities, and develop future career plans.

Tuesday, February 6 • 12:30 – 1:30 pm

Social Media & Your Job Search

This workshop will introduce students to the most popular social media sites and explain their importance in professional networking and job searching.

Tuesday, February 15 • 12:30 – 1:30 pm

Mock Interviews

This workshop will help students practice and perfect their interviewing skills on video in a friendly, supportive atmosphere. Students will see themselves in action and receive valuable feedback and coaching.

Wednesday, March 14 • Noon – 1:30 pm

Individual Mock Interviews: call 845-574-4216 to schedule an appt.

Negotiating a Salary

The negotiation process requires gathering information about yourself, your target industry, and the company you are interested in. Learn the tools you will need to help you navigate this process effectively.

Tuesday, March 6 • 12:30 – 1:30 pm

Interviewing Techniques

An interview is a stressful experience for most people. This workshop will focus on helping students successfully navigate a job interview, highlight the most commonly asked interview questions, provide preparation tips, and address appropriate interview attire.

Thursday, March 1 • 12:30 – 1:30 pm

LinkedIn 102

This workshop will look at more advanced features of LinkedIn. Students will learn how to build professional relationships and search for employment.

Tuesday, April 24 • 12:30 – 1:30pm (8171)

Think Nontraditional Careers

This workshop will focus on the benefits and challenges of working in fields that have been traditionally dominated by one gender.

Tuesday, April 17 • 12:30 – 1:30 pm (8227)

Job Fair Prep & Resume Review

This workshop will provide valuable tips on how to maximize your chances for success at the job fair. Learn what to wear, how to approach employers and prepare for on-the-spot interviews.

Tuesday, March 27 • 12:30 - 1:30 pm

JOB FAIR

Tuesday, April 10 • 11 am -3 pm

Eugene Levy Fieldhouse Arena

From Combat to Careers

Career workshops for student veterans

Offering employment services to connect veterans to promising employment, RCC's career specialists and counselors are here to assist our veterans.

Tuesday, February 27 • 12:30 – 1:30 pm

Career Services for Veterans

Thursday, March 15 • 12:30 – 1:30 pm

Military to Civilian Resumes

Pathways to Career Success

Career workshops for students with disabilities

The Pathways to Career Success program offers pre-employment services for students with disabilities in a workshop series. Resources for students with disabilities are provided in the workshops.

Thursday, February 13 • 12:30 – 1:30 pm (8227)

Overcoming Career Obstacles

Tuesday, March 13 • 12:30 – 1:30 pm (8227)

Acing the Interview

Tuesday, May 1 • 12:30 – 1:30 pm (8227)

Soft Skills in the Workplace

Learn More

Student Career Services: 845-574-4216

www.sunyrockland.edu/go/careers

Find us on:



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